



Breastfeeding Resources for Employers

H.R.3110 - PUMP for Nursing Mothers Act | U. S Congress

<https://www.congress.gov/bill/117th-congress/house-bill/3110>

The Providing Urgent Maternal Protections (PUMP) for Nursing Mothers Act: Explained | U.S. Breastfeeding Committee (USBC)

<https://www.usbreastfeeding.org/the-pump-act-explained.html>

FLSA Protections to Pump at Work | U.S. Department of Labor

<https://www.dol.gov/agencies/whd/pump-at-work>

Ohio Department of Health Breastfeeding Information for Worksites

<https://odh.ohio.gov/know-our-programs/breastfeeding/worksites>

The Business Case for Breastfeeding | womenshealth.gov

<https://www.womenshealth.gov/breastfeeding/breastfeeding-home-work-and-public/breastfeeding-and-going-back-work/business-case>

Supporting Nursing Moms at Work: Employer Solutions | Office of Women's Health (U.S. Department of Health and Human Services)

<https://www.womenshealth.gov/supporting-nursing-moms-work/resources>

Ohio Workplace PLUS (Providing Lactation Upgrades and Support) Toolkits- This is a free comprehensive resource for Human Resource professionals, supervisors, and employees. It will help businesses establish or enhance existing lactation accommodations. It has basic guidelines for just starting out. Includes industry specific tip sheets.

<https://odh.ohio.gov/know-our-programs/breastfeeding/worksites>